

## **Anxiety Through Id, Ego, Superego Defense Mechanisms The Last House On The Left Movie Script By Mark Haslett**

Dewi Saputri Meiranti\*<sup>1</sup>, Sudirman Maca<sup>2</sup>, Asyrafunnisa<sup>1</sup>

<sup>1</sup>English Literature Departement, Letters Faculty, Bosowa University

<sup>2</sup>English Program, Postgraduated Program, Bosowa University

\*Email: dewimeiranti08@gmail.com

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### **Abstract**

*The anxiety that was occurs in the main characters and how the main characters overcome their anxieties through defense mechanisms. The study aims to analyze the anxiety factors that causes many psychological problems from the main characters and to describe the main characters defense mechanism to overcome their anxiety in the movie script The Last House on The Left by Mark Haslett. The main data of this research was The Last House on The Left movie script by Mark Haslett published by Midnight Entertainment in 2009 amounted 97 pages. The data were obtained by reading the movie script itself, taking notes on important things related to the main character and then analyzed by uapplying psychological theory by Sigmund Freud. The results shows that the main characters Mari and Justin have 3 factors of anxiety namely, neurotic, realistic, and moral anxiety. There were also some defense mechanism that the main characters used to overcome their anxiety such as; repression, compensation, sublimation, reaction formation, rationalization, displacement, altruism, and undoing.*

**Keywords:** Psychoanalysis, Movie Script, Anxiety, Defense Mechanisms



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## **1. INTRODUCTION**

Literary work was an essay that contains the true story of the author's personal life or the lives of people around the author (Abrams and Harpham (2008,). Some examples of literary works that people often see on a daily basis are short stories, poetry, novels, films and dramas. Movie script can also be classified literary work because it aimed to provide entertainment and inner satisfaction for the readers (Al Khoiriyah (2019)

In movie script, the main characters are the first thing that always attract the readers because they play an important role in stringing an event to create a problem. According to Mays (2018) the author's personality was also through his imagination able to display feelings through characters, situations and conflict scenes experienced by characters, as well as characters who are a picture of the author's emotions. Psychology and literature had a functional relationship because they both study the psychology of other people, the difference is that in psychology the symptoms are real, while in literature they are imaginative.

Freud (1910) stated that humans are largely controlled by their own inner nature. There was the desire to seek satisfaction Id. However, it was opposed by the values of the mind that hold the essential Superego, and this desire must be formed into a form of compromise by the Ego (Freud (1910). And from the Id, Ego, Superego contained in humans, it was precisely what causes humans to always be in a state of war within them in restless, sad, depressed and others. However, if the three work in balance, it will show a reasonable attitude.

In this study, the writer focused to analyze the anxiety factors that causes many psychological problems from the main characters of The Last House on The Left movie script

by Mark Haslett and to describe the main characters defense mechanism to overcome their anxiety from movie script *The Last House on The Left* by Mark Haslett.

## **2. LITERATURE REVIEW**

This part presented the previous related studies and related theories such as the definition of id, ego superego, anxiety, and defense mechanisms.

### **2.1 Previous Studies**

Some previous researchers have been conducted their researches in analyzing anxiety and defense mechanism. The following below are related studies conducted by previous researchers:

Tenrisanna (2018) states that the characters have performed a range of defense mechanisms in Poe's selected short stories. In *The Black Cat* & *The Tell-Tale Heart* stories, the characters were mainly concerned with repression, denial, reaction formation, rationalization, displacement of self-defense. These characters performed a range of defense mechanisms in order to resolve the conflicts. Padilla (2019) studied the contribution of fictional devices such as characters, stage direction and setting in uncovering the anxiety issue of the American middle class. It reveals that the anxiety of American middle class that experienced by protagonist can be seen through causes and symptoms of anxiety. Asyifa, et al., (2019) states that Carly Adams as the main character is identified as experiencing many anxiety problems, namely neurotic, realistic, and morality anxiety. This anxiety has a psychological impact on Carly's life.

Zulfaisya & Hasra (2020) discussed about how the defense mechanism experienced by Melinda Sordino as the main character in the novel *Speak*. The results of this study showed that the main character had repression, rationalization, regression, reaction-formation, projection, replacement, isolation, identification, sublimation and turning to self as defense mechanisms strategies to overcome the conflicts. Andriana & Kasprabowo (2020) study using qualitative descriptive method with a psycho-analysis approach related to the concept of anxiety developed by Sigmund Freud. It discussed about the anxiety and defense mechanisms used by the main character. The results showed the main character many psychological problems in shape of anxiety. The Main character showed Neurotic, Realistic, and Moral Anxiety. This thesis also revealed several types of ego defense mechanisms used by the main character to overcome his anxieties. They were: Displacement, Denial, Acting Out, Symbolization, and Projection Defense Mechanism.

Setiawan, et al., (2021) discussed about the anxiety and defense mechanisms used by the main character. The results showed that the protagonist chose aggression to release resentment or dissatisfaction, especially when facing objects or other characters that create anxiety or frustration. It implies that the persistence of aggression, sublimation, rationalization, and repression could reflect the presence of continual threats in the environment from which people should survive. Tiansyah, et al., (2021) used psychoanalysis approach developed by Sigmund Freud with the aims of knew the personality state of the main character by looking at his past history. The results of the analysis showed that the house fire that was deliberately set by her biological mother had an impact on Eleanor's personality and life. Siregar, et al., (2022) categorized and explained the types and causes of anxiety. The results showed that the main character has 3 types of anxiety caused by the environment, threats, divorce and to overcome anxiety and depression Rachel uses 3 defense mechanisms, namely repression, displacement and rationalization.

Rapa, et al., (2022) determined the personality and factors that influence the development of the main character's personality. The results of this study reveal that the novel contains a personality that was easily influenced, a liar, loyal, patient, lacking in confidence, jealous and emotional. Febriana & Darma (2022) discussed about the type of anxiety experienced by Jacob Barber in William Landy's *Defending Jacob* and discover how defense mechanisms work to overcome this anxiety. The results show three types of anxiety experienced by Jacob Barber, namely neurotic, moral, and realistic anxiety. To overcome this anxiety, Jacob Barber used five types of defense mechanisms, namely denial, projection, displacement, rationalization, and reaction formation. The types of defense mechanisms that were most often used to deal with the anxiety that arise in Jacob Barber are projection and displacement.

The similarity of this research with the previous studies above was using qualitative methods and psychoanalysis approaches related to anxiety and ego defense proposed by Sigmund Freud. However, despite having similarities in terms of theory, the object is also different and the objectives. Some of the previous studies above only analyzed one of the theories of anxiety and ego defense that occurred in the main character in the story. Meanwhile, this research focused on the two theories as well as anxiety and ego defense developed by Sigmund Freud.

## **2.2 Related Theories**

According to Freud (1910) mental life was divided into two levels, the unconscious and the conscious. Then, Freud revised the consciousness and the unconscious and finally introduced the id, ego, and superego. Freud (1910). stated that the Id was a primitive area, unreachable by consciousness, immoral, illogical, disorganized and full of energy received from basic impulses and the only reality is one's own selfish needs. The only function of the id is to seek pleasure or commonly called the pleasure principle. Passer and Smith (2007) stated that the ego is a personality system that acts as an individual guide to the object of reality and carries out its functions based on reality. The ego was constantly making plans to satisfy the id in a controlled way. Superego was a personality system that contains values and rules that are evaluative (concerning good and bad). In addition Morgan, et al (1986) stated that the ego strives for perfection.

Anxiety creates pain. An uncomfortable feeling that people would rather not endure. Based on Freud's theory, there were three types of anxiety, namely: neurotic anxiety, moral anxiety, and realistic anxiety. Freud (1910) stated that neurotic anxiety is the fear that instincts will take over and make someone do something wrong and end up being punished. Andrianaand Kasprabowo (2020) stated that oral anxiety is a person with a good level of consciousness tends to feel guilty when he does things that are against his moral code. Realistic anxiety means fear of danger from the outside world, and the level of that feeling is proportional to the level of actual threat.

One of the theories developed by Freud was the ego defense mechanism. Freud (1910) stated that this mechanism can be used as a way or an attempt to resolve a conflict that occurs. The main defense mechanisms identified by Freud include repression, sublimation, displacement, rationalization, reaction formation, compensation, altruism, undoing. Passer& Smith (2007) stated that repression was a defense mechanism by removing thoughts and feelings that threaten or painful out of consciousness. Sublimation was diverting aggressive energy into other sources. Morgan et al., (1986) stated that displacement was directing energy

to others if the actual object or person was inaccessible. Rationalization was making a "good" reason to explain the injured ego. According to Zulfaisya & Hasra (2020) Reaction formation is expressing the opposite encouragement when faced with threatening encouragement. Compensation was an ego defense mechanism by hiding weaknesses or developing certain positive traits to overcome limitations, Khoirunisa and Rahayu (2020). Altruism was acting out of concern for others and the desire to do good without regard for reward. Undoing was trying to make amends for what was done (felt hurt someone's heart, then offered to help that person).

### **3. METHOD**

This research type was qualitative descriptive method. The data were analyzed through qualitative descriptive by classifying, describing, analysing the data and drawing a conclusion. The data source was *The Last House on The Left* movie script by Mark Haslett published by Midnight Entertainment in 2009 amounted 97 pages.

The movie script was read and noted important things which related to the main research data then analyzing by applying the Sigmund Freud's theory the emergence of the id and superego in a person to cause the ego to experience anxiety such realistic anxiety, neurotic anxiety and moral anxiety and the ego trying to overcome anxiety using defense mechanisms as repression, displacement, sublimation, reaction formation, compensation, altruism, destruction.

### **4. RESULTS**

The data results have been divided into two part in the following data bellows:

#### **4.1. The Factors of Anxiety in The Movie Script *The Last House On The Left* by Mark Hasslett**

*The Last House On The Left* by Mark Haslett. They were neurotic, realistic and moral anxiety.

##### **Neurotic Anxiety**

Neurotic Anxiety was the fear of punishment that one would received from parents or other authority figures if one satisfies one's instincts in one's own way, which one believed would be punished. The data can be seen as follows:

Data 1:

*KRUG, SADIE and FRANCIS Step into the doorway, carrying bags of groceries. Justin's eyes go wide...*

*JUSTIN (to himself) "Shit" (Haslett, 2009:28).*

Based on the data above, it could be classified a neurotic anxiety because the word shitshowed that Justin experienced panic and fear of his father who saw him bring other people to his house. Justin had an instinct (Id) by fulfilling his desired to bring someone he just met to his house and after he was satisfied he finally experiences worried about what would happen next.

Data 2:

*She swallows "anxiously" and looks out the window, sees something O.S. that we don't see.*

*MARI: shit (mouthing to herself)... come - on (mouthing to the cigarette lighter) (Haslett, 2009:38).*

Based on the data above, it could be classified a neurotic anxiety because the word *anxiously* showed that Mari was trying to escape from a group of criminals via a cigarette lighter. Mari would used it to injure one of the criminals right next to her and after that she would be able to open the car door to escape.

Data 3:

*PAIGE and MARI*

*Sit on the ground at their feet, passive in their “traumatized” state* (Haslett, 2009:43)

Based on the data above, it could be classified a neurotic anxiety because the word *traumatized* showed that Mari's actions which resulted in the accident made her more anxious and panicked that she would get punished for her actions. Sit shaking while staring at a group of furious criminals.

Data 4:

*FRANCIS: you stay right there, Justin.*

*Justin backs away, “tears streaming”. He presses up against a tree, then slinks to the ground – and turns away* (Haslett, 2009:48).

Based on the data above, it could be classified a neurotic anxiety because the word *tears streaming* showed that Justin, who tried to fulfil his desired (Id) in helped Mari who was tortured by his father, instead turned to get a threat by his father's brother if he tried to help Mari.

Data 5:

*The boy still just stares at Paige’s body in a daze as if nothing’s changed, oblivious to the rain.*

*KRUG: “Justin, are you coming or you just gonna sit there and process?”*

*No response. Krug charges over to Justin and grabs his arm, roughly pulls the limp boy to his feet and drags him through the rain* (Haslett, 2009:53).

Based on the data above, it could be classified as neurotic anxiety because Justin who followed his instincts (Id) not to follow anymore his father's wishes made Justin get punished by his father so that his life was almost threatened. It could be seen from the sentence *Justin, are you coming or you just gonna sit there and process?* Justin found it hard to believe that he really lost his friend because his own father made him even more panicked and worried about his friend's parents if he found out that their child was dead and killed by his father.

**Realistic Anxiety** was closely related to fear. This anxiety was defined as an unpleasant feeling, a non-specific feeling involving the possibility of danger.

Data 10:

*PAIGE (getting up): then I guess it’s closing time. Saddle up, Mari, you’re driving.*

*Mari (uneasy): “listen Paige... this... this isn’t what I do anymore...”* (Haslett, 2009:26)

Based on the data above, it could be classified as realistic anxiety because Mari had concerns about a danger that would occur through people she just met. It could be seen from the sentence *listen Paige... this isn’t what I do anymore...* it showed that Mari looks panicked and scared when confronted by someone she just met, coupled with a very strange behavior that makes Mari a little suspicious of that person.

Data 11:

*Mari eyes them a beat. Clearly sensing the “trouble brewing”* (Haslett, 2009:30).

Based on the data above, it could be classified a realistic anxiety because the word *trouble brewing* showed that Mari was started to feel strange things about Justin's family and when Mari was trying to leave their house, it seems that Justin's father was trying to get in the way by acting as if nothing would happen to their if a stay in their house.

Data 12:

*Krug nonchalantly holds up the newspaper, points to his photo: "police fugitive".*

*KRUG: good looking guy, don't you think?*

*Paige and Mari's eyes widen. Justin looks at his father in disbelief (Haslett, 2009:31).*

Based on the data above, it could be classified a realistic anxiety because the word *police fugitive* showed that Mari was trapped in an unsafe situation surrounded by a group of criminals who were wanted by the police.

Data 13:

*KRUG: what the fuck!*

*JUSTIN: "dad, look out!"*

*Krug looks ahead, sees they've crossed the center line, heading for a sharp turn (Haslett, 2009:39).*

Based on the data above, it could be classified as realistic anxiety because Mari had an instinct (Id) to fulfil her desires and after the Id was fulfilled she was worried about what would happen. After incident Mari caused a group of criminals to had an accident. Mari was filled with bad thoughts. It could be seen from the sentence *dad, look outfit* showed that Justin, Mari and a group of criminals were in a dangerous situation.

Data 14:

*SADIE: "you think you can just fuck everything up for us and get away with it?"*

*Sadie wrenches Mari's head back by the hair, presses the pistol to her head (Haslett, 2009:41).*

Based on the data above, it could be classified as realistic anxiety because Mari was faced with a dangerous situation and had an impact on her life. The result of having instincts (Id) to fulfill had desired puts her in a threatening situation. It could be seen from the sentence *you think you can just fuck everything up for us and get away with it?* The anger that happened to Sadie was one of the criminals who suffered burns as a result of Mari's actions. Sadie pulled out a gun and tried to kill Mari while pulling her hair very viciously.

**Moral anxiety** was arises from the conscience of feeling guilty when doing and conversely thinking of doing something that was contrary to the prevailing norms.

Data 18:

*She nears the wall, reaches out of the pool, grabs up a STOPWATCH. Anxiously clicks it.*

*Peels off her goggles, eyes the result. Shakes her head. "Disappointed"(Haslett, 2009:7).*

Based on the data above, it could be classified a moral anxiety because the word *disappointed* showed that Mari who looks worried about the results obtained (defeat) through the competition that she participated in made her discouraged and felt unworthy to become a great swimmer that she had always dreamed of.

Data 19:

*Krug gestures to Mari.*

*KRUG: there's your chance. "She's all yours"*

*Justin and Mari freeze, their eyes widening in panic. Justin looks down at Mari in fear*

(Haslett, 2009:44).

Based on the data above, it could be classified as moral anxiety because Justin had moral values (Superego) and he could still refrain from doing inappropriate things to his own friends. It could be seen from the sentence *there's your chance. She's all your* It showed that Justin was ordered by his father to do inappropriate things to Mari.

Data 20:

*KRUG: "still think you can fuck me any time?"*

*Mari doesn't answer. Blankly stares of toward the lake – her spirit all but broken* (Haslett, 2009:49)

Based on the data above, it could be classified as moral anxiety because Mari who experienced severe trauma, still tried to get up by planting positive thoughts in her that her parents were currently very worried about her, and did not want to make his parents sad if they had to lose their child a second time. It could be seen from the sentence *still think you can fuck me any time?* It showed that Mari was very traumatized because Justin's father did something inappropriate to her.

#### **4.2. Defense Mechanisms Used by The Main Characters in The Movie Script The Last House On The Leftby Mark Hasslett**

The data results showsthat the main characters used some defense mechanisms to overcome their anxiety. The main characters used repression, sublimation, displacement, rationalization, reaction formation, compensation, altruism, undoing to overcome their anxiety. The data can be seen as follows:

**Repression** was an effort to reduce an impulse generated by the id where the ego feels threatened then the impulse was suppressed into the human subconscious so that it did not allow the person concerned to process it rationally.

Data 21:

*EMMA (trying not to show disappointment*

*JOHN: "it's the perfect getaway from the getaway with the "dreaded parents" (Haslett, 2009:12).*

Based on the data above, it could be classified as repression because Mari's way of eliminated her thoughts and not wanted to continue to be sad because of the loss of a loved one by taking a vacation with her family. It could be seen from the sentence *it's the perfect getaway from the getaway with the (dreaded parents)* it showed that Mari's family was on vacation together to calm the heart and mind over the death of one of her family, namely her older brother.

Data 22:

*LAKE – DAY – SECONDS LATER*

*Mari butterflies full on for the buoy. Reaches out, SLAMS her hand down on it. Turns her wrist over... eyes her watch, clicks the stop button. This time, Mari "smiles" (Haslett, 2009:15).*

Based on the data above, it could be classified a repression because the word *smiles* showed that Mari trying to eliminate painful thoughts by suppressing her memory filled with problems and releasing it by swimming to the end of the pier, enjoying the beautiful scenery while watching the fishing boats.

Data 23:

*MARI: "I'm just an advocate for moving on to new things. . . making new memories. . . does that make sense?"* (Haslett, 2009:20).

Based on the data above, it could be classified as repression because it was contained in the sentence *I'm just an advocate for moving on to new things, making new memories. . . does that make sense?* which showed that Mari was trying to control her sadness by taking a vacation with her family to be the beginning of making new memories and leaving old memories filled with sadness.

Data 24:

*MOTEL ROOM – DAY – CONTINUOUS*

*. . . where we reveal Justin and Paige sitting on the bed, "smoking a J"* (Haslett, 2009:27).

Based on the data above, it could be classified a repression because the word *smoking a J* showed that Justin tried to control his emotions and sadness by smoking a J as an excuse only with marijuana he was able to forget the problems that exist in his life making him able to feel a calm heart and an empty mind as if he returned to childhood.

Data 25:

*Krug turns back, locks eyes with the silent Mari who's trying her best to keep calm, the tears in check.*

*KRUG: "thanks for being cool about this, Mari"* (Haslett, 2009:34).

Based on the data above, it could be classified as repression because in the sentence *thanks for being cool about this, Mari* which indicated that Mari was trying to control her emotions so that nothing will happen that would endanger her life like her best friend Paige because she panicked and continued to fight instead getting serious injured all over her body of a group of criminals.

**Compensation** was an effort to overcome a deficiency in one field by seeking it was advantages in other fields.

Data 26:

*"NEVER STOP GOING FOR GOLD. - BEN (YOUR BIG BROTHER, REMEMBER?)"* (Haslett, 2009:13).

Based on the data above, it could be classified as compensation because Mari to overcome his weaknesses through goals or dreams and messages given by his brother. It could be seen from the sentence *never stop going for gold – BEN* showed that it was a message from Mari's deceased older brother who always encouraged him to achieve his dream of becoming a great swimmer and that became the source of his strength to survive and win the gold medal.

Data 27:

*MARI: "by the way, I'm pretty sure i just broke my hundred meter record out in the lake"* (Haslett, 2009:17).

Based on the data above, it could be classified as compensation because it was contained in the sentence *by the way, I'm pretty sure i just broke my hundred meter record out in the lake* which indicated that Mari hides her disappointment due to not achieving a score when swimming competence made her had to overcome limitations by giving good reasons to her parents that her defeat was just a coincidence because at the lake he was able to reach a record and it was enough to prove that he was a great swimmer.

Data 28:



MARI: "I love swim" (soft; to herself)... "I can do it... can do it... one more try mom..." (practically mumbling this) (Haslett, 2009:49).

Based on the data above, it could be classified as compensation because Mari try to hide the weaknesses to overcome limitations. could be seen from the sentence the sentence *i swim...love to swim* it showed that Mari tried to escape from a group of criminals by crossing the lake to her house. followed by the sentence *i can do, i can do it...one more try mom* trying to encourage her to be able to survive for the sake of his family.

Data 29:

WIDER – MARI DIVES FOR HER LIFE. "Disappears under the water..." doing the fastest, most full-on butterfly we've ever seen, the water splashing around her, making it difficult for *to get a clear view of her body* (Haslett, 2009:51).

Based on the data above, it could be classified a compensation because the word *Disappears under the water* showed that Mari was trying to swim across the lake to the house on the left which was where Mari's family goes on vacation together. Mari, who felt the pain of being hit by a group of criminals, tried to stay afloat and keep swimming and it was all for her parents who loved her very much and did not want to lose a child a second time.

Data 30:

*Mari pulls herself through the water, crawls up into the muddy shore, "weakly forcing herself" to keep moving in the darkness* (Haslett, 2009:63).

Based on the data above, it could be classified a compensation because the word *weakly forcing herself* showed that Mari who managed to land after diving for hours in order to get to the left side of the lake near the house where she was on vacation with her family.

**Sublimation** was a form of self-defense mechanism that showed the process of maturity, tends to change the bad things that are owned into things that are more useful and could be accepted by others.

Data 32:

PAIGE: *what's up with that? Your parents divorced or something?*

Justin shakes his head, staring at the ground

JUSTIN: *"they were never married"*.

Paige glances at Mari, amused at boy's shyness

PAIGE: *okey, what did your mom?*

JUSTIN: *"She died"* (Haslett, 2009:23).

Based on the data above, it could be classified a compensation because Justin expressed painful feelings about previous experiences. It could be seen from the sentence *they were never married* showed that Justin was trying to explain his family background to Mari and Paige. Followed by the sentence *okay, what did your mom?* Justin replied *she died* with a sad feeling and felt the loss of a very loved person.

Data 33:

*Justin charges Sadie and jumps on her back, lawing at her face! "godammn you little shit"* (Haslett, 2009:54).

Based on the data above, it could be classified a sublimation because the sentence *godammn you little shit!* Showed that Sadie was very angry with Justin for trying to attack him and supports Mari's family more than his own family. This was done by Justin so that there are no more victims because of the actions of his family who continue to rebel and kill innocent

people.

Data 34:

*KRUG: what the fuck are you doing?*

*JUSTIN: "stopping you. Forever" (Haslett, 2009:94).*

Based on the data above, it could be classified a compensation because Justin tried to change bad things into better for other people. It could be seen from the sentence *stopping you forever* showed that Justin tried to kill his father who was a terrible criminal by shooting with a gun.

**Reaction Formation** was an impulse that pressed into the human subconscious, it could penetrate the conscious mind by doing things that were contrary to the urge.

Data 35:

*MARI: "shit (mouthing to herself). . . Come on (mouthing to the cigarette lighter)" (Haslett, 2009:38).*

Based on the data above, it could be classified a reaction formasi because the word *cigarette lighter* showed that Mari a behavior goes against her would by requiring her to hurt one of the criminals through her own hands, something evil and the first time she did but she had to do to save herself from a group of criminals who tried to kidnap her.

Data 36:

*Mari screams as Krug shoves*

*her head in the damp earth, muffling the sound.*

*Mari tries to crawl away, but Krug puts his full weigh on the small of her back as he starts yanking at her shorts.*

*MARI: "Justin... please... help me..." (Haslett, 2009:47).*

Based on the data above, it could be classified a reaction formasi because Mari a behavior that goes against her desired to had sex with her friend's father who was a criminal. It could be seen from the sentence *Justin please help me* showed that Mari begged Justin to ask his father not to rape her.

**Rationalization** was a self-defense mechanism in which individuals would try to find good reasons to explain their ego and the type of emotions they have.

Data 37:

*JUSTIN: "dad, I just brought them back here for some weed. You weren't supposed to be here –" (Haslett, 2009:29).*

Based on the data above, it could be classified a rationalization because the sentence *dad, I just brought them back here for some weed. You weren't supposed to be here* which indicated that Justin was trying to explain to his father about he easily bringing new people into the house which was actually the house used as a hiding place for his father who was a fugitive police.

Data 38:

*Mari: "this is clearly none of our business. We won't. . . I'm saying. We won't tell anyone" (Haslett, 2009:32).*

Based on the data above, it could be classified a rationalization because Mari making good reasons to overcome situations faced by something threatened. It could be seen from the sentence *this is clearly none of our business, I'm saying, we won't tell anyone* it showed that Mari, who continues to try to convince the criminals that if she was released, nothing would happened to the group of criminals.

Data 39:

*MARI: "Paige that everything is gonna be all right" (Haslett, 2009:46).*

Based on the data above, it could be classified a rationalization because Mari tried a good excuse to explain the injured ego. It could be seen from the sentence *Paige everything is gonna be alright* showed that Mari was trying to get her friend Paige to stay strong and defend herself against the pain caused by a group of criminals.

Data 40:

*JOHN: "Mari, you're with mom and dad, you're gonna be okay – we've gotta stop the bleeding—emma, go get blankets, towels" (Haslett, 2009:71).*

Based on the data above, it could be classified a rationalization, it could be seen from the sentence *Mari, you're with mom and dad, you're gonna be okay, we've gotta stop the bleeding - emma, go get blankets, towels* which indicates that Mari is faced with a situation between life and death so that her parents place her position, by explaining that Mari will be safe and can return to normal.

**Displacement** was a form of self-defense in dealing with anxiety by moving a threatening object to a safer object.

Data 41:

*MARI: "then you need to go left" (Haslett, 2009:38).*

Based on the data above, it could be classified a displacement, it could be seen from the sentence *then you need to go left* which indicated that Mari was trying to divert a threat in order to escape from the group of criminals.

Data 42:

*Justin sneaks into the bedroom, his feet CREAKING over the floor as he approaches the gun on the bedside table—the gun now in hand... Justin "hiding underneath the bed", his head right next to Mari's duffel bag! (Haslett, 2009:79).*

Based on the data above, it could be classified a displacement because the sentence *hiding underneath the bed* showed that Justin who tried to take a gun to protect himself by waiting for his father to fall asleep and on the one hand, he tried to pretend to be asleep.

**Altruism** was an attitude or instinct in which a person pays attention to and prioritizes the interested and goodness of others above his own interests.

Data 43:

*PAIGE: "now he's laughing. Even better. Why are you laughing, Justin?"*

*JUSTIN: because you're. . . you say what you're thinking. . . you just. . . let it fly. . . (Haslett, 2009:25).*

Based on the data above, it could be classified a altruism because the sentence *now he's laughing. Even better. Why are you laughing, Justin?* showed that Justin's happiness because he feels appreciated by his new friend by wanted to hear his sad story so far, how his family had treated him so that he never feels like he had a happy family.

Data 44:

*Mari: "Paige, just stay calm" (Haslett, 2009:33).*

Based on the data above, it could be classified a altruism because the sentence *Paige, just stay calm* showed that Mari's attitude was trying to pay attention and trying to calm her friend.

Data 45:

*Justin eyes Mari. A tear streams down his face as his eyes shift back to his father.*

*JUSTIN: "just let them"* (Haslett, 2009:36).

Based on the data above, it could be classified a altruism because Justin gave attention to Mari who was his new friend. It could be from the sentence *Just let them* it showed that Justin gave a defense to his friend Mari so that she could be freed from the grasp of her father who tried to kidnap her.

Data 46:

*Justin stares at her. Then grabs the necklace, gently puts it in his jeans pocket as --* (Haslett, 2009:38).

Based on the data above, it could be classified a altruism because the word *necklace* showed that Justin who tried to help Mari secretly by taking Mari's necklace that was lying on the floor and hoping that this necklace could be useful for him someday, as evidence of murder.

Data 47:

*JUSTIN: "better look out you fuck --"* (Haslett, 2009:94).

Based on the data above, it could be classified a altruism because the sentence *better look out you fuck* it showed that Justin pays attention to his father by suggested his father not to be easily influenced by other people.

**Undoing** was a defense mechanism that symbolically erases thoughts, feelings, or desires that are unacceptable to oneself or society.

Data 48:

*"Justin quickly takes out the necklace and laces it conspicuously AROUND THE BOTTOM OF THE MUG"* (Haslett, 2009:65).

Based on the data above, it could be classified a undoing because Justin was trying to return Mari's beloved necklace to his parents, Justin's way of making amends for not being able to protect Mari from his father who tried to kill her. it could be seen from the sentences *Justin quickly takes out the necklace and laces it conspicuously around the bottom of the mug.*

Data 49:

*"Justin his hand trembling ears streaming down his face. He snivels then he suddlenly turns the gun around and extends his arm further toward John and Emma. And they realize."* (Haslett, 2009:85).

Based on the data above, it could be classified a undoing because Justin was trying to secretly give Mari's parents a gun to attack her own father. This was Justin's way of made amends for Mari who suffered enough because of her father. It could be seen from the sentences *Justin his hand trembling ears streaming down his face. He snivels then he suddlenly turns the gun around and extends his arm further toward John and Emma. And they realize.*

Data 50:

*JUSTIN: "what can I do?" (groggily)* (Haslett, 2009:89).

Based on the data above, it could be classified a undoing because Justin was trying to help Mari's parents find the boat key so they can take Mari to town for intensive care. This is Justin's way of made amends to Mari who could not protect him from his father's shot. It could be seen from the sentence *what can I do?* showed that Justin wanted to try to help Mari's mother in solving the problem.

## 5. DISCUSSION

The results found about anxiety factors and the main characters defense mechanism in

overcoming his anxiety in the movie script *The Last House on the Left* by Mark Haslett.

### **5.1. The Factors of Anxiety in The Movie Script *The Last House On The Left* by Mark Hasslett**

The Last House On The Left by Mark Haslett. They were neurotic, realistic and moral anxiety.

The first factor is neurotic anxiety. The main characters had anxiety and panic about a punishment they would face if they fulfilled the instincts of the Id contained in the word anxiously, traumatized, terrified, and escape. Freud (1910, p.45) agreed that the trauma of any action was a form of traumatic event to the ego to form neurotic anxiety. In other words, it indicated the existence of a traumatic experience in the process of forming anxiety.

The second factor is realistic anxiety. The main character had anxiety and panic about an impending danger and threat and was contained in the word trouble, police fugitive, accident, bullet, gun and fires. According to Freud (1910, p.46) Realistic anxiety was the fear of real danger in the outside world, danger was the attitude of circumstances in a person's environment that threatens to harm him.

The third factor is moral anxiety. The main characters had anxiety and panic about something that was done outside of the code of ethics. They were in the word disappointed, fear, and broken. According to Freud (1910) Moral anxiety is the fear of conscience (superego). Every individual who had a superego tends to feel guilty or ashamed if they do or think something that was contrary to morals.

### **5.2. The Main Character's Defense Mechanism In Overcoming His Anxiety**

The data results show that the main characters used some defense mechanisms to overcome their anxiety. The main characters used repression, sublimation, displacement, rationalization, reaction formation, compensation, altruism, undoing to overcome their anxiety.

Defense Mechanism are psychology strategies that are not used to protect a person from anxiety. There was a main character trying to smiles, making new memories, weakly forcing herself, positive thinking, laugh, and stay calm which was part of repression, compensation, sublimation, rationalisation, reaction formation, displacement, altruism, and undoing.

Based on the discussion above it reveals the anxiety factors divided into 3, namely neurotic, realistic, and moral anxiety and there were ways the main character deals with anxiety through defense mechanisms which were divided into 8 namely repression, compensation, sublimation, rationalisation, reaction formation, displacement, altruism, and undoing. Freud (1910) stated that through a psychological approach the Id, Ego, Superego were very closely related to anxiety because everyone had an internal conflict and this conflict between the Id and the Superego can make the Ego feel anxious..

## **6. CONCLUSIONS**

The main character in the script has 3 anxiety factors, namely neurotic, realistic and moral anxiety. The main character used 8 defense mechanisms to protect themselves from anxiety such as; repression, compensation, sublimation, rationalisation, reaction formation, displacement, altruism, and undoing. Next researcher needs to analyze more about defense mechanism through the different objects and theories because the limitation of this research of defense mechanism types use in analysing the anxiety.

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