

## Wanda's Depression In *Dr. Strange In The Multiverse of Madness* Movie Script

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Accepted: August 25, 2023 / Approved: December 30, 2023

### Abstract

*This research aimed to find out the type of depression experienced by Wanda in Dr. Strange In The Multiverse of Madness movie script written by Jade Waldron and the impact caused by the depression. The writer used descriptive qualitative method and psychoanalysis approach by Sigmund Freud, ID Ego and Superego. In analyzing data, data were generated from reading the movie script for several times accurately, identifying, highlighting and classifying quotes included in the ID Ego and Superego. Based on the division of depression types by the NIMH National Institute of Mental Health, there were 5 types of depression including major depression, persistent depressive disorder, perinatal depression, seasonal affective disorder and symptomatic depression. The result showed that Wanda experienced the 5<sup>th</sup> type of depression namely symptomatic depression or psychosis. In the psychoanalysis approach used to identify the type of depression, the writer found ID data appeared most dominantly in movie script.*

**Keywords:** Psychoanalysis, Id, Ego, Superego, Depression, Movie Script



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### 1. INTRODUCTION

Literature is a work that leads to writing where this work involves expression in its manufacture. These writings include novels, short stories, poetry or poems and many other similar written works. Literature includes works of art that play with the use and selection of words, involving letters and expressions, describing things. (Ahyar, 2019) explained that literature has two types of definition, old definition and new definition, the old definition of literature is a way of employing lovely words to express ideas or thoughts about life and society. Which comprises of three different literary genres, each of which has three different forms poetry, prose and drama. Meanwhile the new definition of literature is a means of shedding ideas or thoughts on anything by utilizing free language, contains something new and means enlightenment. The beauty of the story itself, not the beauty of the words or sentences, is what makes a work of literature beautiful.

Movies also includes part of communication which is the most important part of a system used by individuals and groups that functions to send and receive messages. Movies consisting of audio and visuals have the ability to affect the audience's emotions from the visual images presented. Movie, which is often interpreted as a piece of images put together to form a unit, certainly does not escape the long history of the emergence of movie. The emergence of movie is certainly inseparable from technological and scientific developments so that it is able to produce a major achievement in visual language in movie art. With the audio-visual art that movie has and its ability to capture the surrounding reality, of course making movie an alternative vehicle for conveying a message to the audience (Alfathoni & Manesah, 2020).

Juwita et al., (2021) explained that movie script also known as scenarios, it used as production references and to communicate story ideas. Movie script are scene configurations

with narrative components that are presented in movie medium. When a scenario is successful in developing a dramatic element using a three-act story framework, it will be fascinating. The basis for building a strong plot for a fictional movie is the three-act framework. Considering that it is obvious that there are people, a storyline, a problem, a peak in the problem, and a resolution are present. In a movie, narrative elements known as scenarios are generated by translating every word in a series of words into a visual imaginative picture. Make a description of an event that includes all the circumstances in the story furthermore the reader can visualize it.

Aras (2015) states that literature is a subject related with history, philosophy, sociology, psychology and other fields, and uses language as a means of expression to explain people, existence and culture, personality and individual differences, and has always been studied and studied. What is discussed is used by writers, philosophers, artists, psychologists and psychiatrists. There is a very close interrelationship between literature and psychology as both deal with people and their responses, world views, needs, desires, longings, fears, conflict and reconciliation, addressing the individual and society through a variety of concepts, methods and approaches question. Literary actor presents life according to the goals, perceptions, ideologies and value judgments of life, which opens the door to the unknown world for readers, not only arouses emotions and emotions, but also helps readers discover the meaning of life and existence.

## **2. LITERATURE REVIEW**

Herditya & Rusmana (2017) who studied A Psychoanalysis of the Main Character in Coelho's *The Zahir*. This study aims to explained the relationship between the mian character's id, ego and superego. The writers initial goal is to determined how the plot, setting, and characters in *The Zahir* novel were depicted. What about the Id, Ego and Superego of the main character in the *Zahir* novel? How were they depicted in the plot and environment.

Siregar et al., (2020) who studied Anxiety And Depressive Disorder Toward The Main Character In Paula Hawkins Novel *The Girl On The Train* (Psychoanalysis) this research was an anxiety and depressive disorder analysis which used psychoanalysis approach. This study aimed to categorize and explain about kinds and causes of depressive disorder and what are the defense mechanism of main character to overcome her anxiety and depressive disorder in novel *The Girl On The Train* by Paula Hawkins. The data sources used in this study was the novel of *The Girl On The Train* by Paula Hawkins and the supporting data such as thesis, journal, article, book and some literary theory. The writer used descriptive qualitative research method through psychoanalysis approach. The findings showed that the main character had 3 kinds of anxiety and caused by environment, threat, frustration, gender, and fear. Rachel also had a symptoms of depression and caused by infertility, infidelity and divorced, loss a job and alcohol. To overcome her anxiety and depression Rachel used 3 kinds of defense mechanism such as repression, displacement, and rationalization. The writer found 44 data and could be devided into: the kinds of anxiety disorder 8 data, the causes of anxiety disorder 8 data, the symptoms of depressive disorder 16 data, the causes of depressive disorder 6 data and defense mechanism 6 data. From the explanation it could be conclude that anxiety and depressive disorder which is commonly faced by people nowadays and could be happen together with the different main caused.

Anjelia et al., (2021) who studied Depression of The Main Character Portrayed In *Topdog?Underdog Play Script* (2001) By Suzan Lori Parks. This research was a depression analysis which used psychoanalysis approach by Sigmund Freud. This study aimed to explained

the depression and the factors of the depression to the main characters in Suzan Lori Parks. The data sources used in this study was the play script of *Topdog/Underdog*. The writer used descriptive qualitative research method through psychoanalysis approach. The findings showed that there are 2 symptoms of depression from the main character Suzan Lori Parks namely, (1) emotional symptoms, (2) cognitive symptoms, and the depression caused by 2 things namely, (1) emotional condition, (2) love life, and there are 3 effects caused by the main character's depression namely, (1) easier to get angry, (2) loss of desire, (3) aggressive.

Paramita (2021) who studied *Bipolar Disorder Toward The Main Character In Michael Cunningham's Novel The Hours (Psychoanalysis)* this study aims to categorize and to explain the types of symptoms and impact of bipolar disorder experienced by the main character in novel *The Hours* by Michael Cunningham. The researcher used descriptive qualitative research method with psychological approach. There are two types of data namely primary data and secondary. The primary data was the main data obtained from all the words, dialogues, phrases and sentences in the novel. The secondary data was library research, the supporting data taken from literary books, criticism, internet and some articles related to the novel and some aspect in psychology aspect. The data were obtained by read the novel for several times accurately, noting and quoting, collecting supported of the data that would relate with the object. The researcher would apply psychoanalysis created by Sigmund Freud such as id, ego and superego. The result of the study showed that the main character Virginia Woolf had 4 types of bipolar disorder symptoms that impacted her life and surroundings. The researcher found 23 data and could be divided into; Mania 7 data, Hypomania 5 data, Depression 9 data and Mixed Episode 2 data. From the explanation above, it could be concluded that bipolar disorder could occur in each individual with different impacts. One of several impacts were feeling sad or hopeless and losing interest or pleasure in most activities, even contemplating suicide.

Konggang (2022) who studied *Domestic Violence In Nicola Yoon's Everything – Everything*. This study aims to find out the types of domestic violence orientation on the character and to identify the impact of domestic violence on the victim in Nicola Yoon's *Everything-Everything* novel. The data source used in this study was the novel *Everything-Everything*. This research functional qualitative research as a research method through psychoanalysis theory by Sigmund Freud as the main theory and psychological of violence by Souto, et.al and definition of Domestic Violence by Mootz ,et.al as supporting theory. The result of this study indicated that the writer found 3 types of domestic violence, namely psychological violence of and adult was defined as a verbal or gestural act with the intent to terrorize, humiliate, limit freedom, or isolate an adult from society; manifestation of the violence, the participant was threatened through verbal and non-verbal actions by family members using hurtful situations and imposing their will on adult woman, commonly ignoring the wishes and preferences of the victim; and the impact of psychological violence were the participants expressed sadness, hurt, anger grief and fear as a result of psychological violence. It also revealed impacts of domestic violence, namely detrimental to the physical health and detrimental to the emotional health.

Meiranti (2022) who studied *Anxiety Through ID, EGO, SUPEREGO Defense Mechanisms The Last House On The Left Movie Script By Mark Haslett* this study aims to explain the anxiety factors and how the main characters perform a self-defense mechanism in the movie script *The Last House On The Left* written by Mark Haslett. The method used in this

research is qualitative descriptive method, with a psychological approach. The writer obtained the data by reading the script repeatedly, taking notes, and then qualifying the data by reading the script, analyzing the data, the writer used a psychological theory proposed by Sigmund Freud. The results of this study show that the main characters Mari and Justin have 3 factors of anxiety, namely neurotic anxiety such as anxiously, traumatized, terrified, escape, realistic anxiety such as police fugitive, trouble brewing, bullet, gun and fires and moral anxiety such as disappointed, fear, broken. There were also some defense mechanism that the main characters used to overcome their anxiety was repression, compensation, sublimation, reaction formation, rationalization, displacement, altruism, and undoing.

Ridwan (2022) who studied The Personalities Structure of The Main Characters In Mario Puzo's The Godfather (Psychoanalysis) this study aims to analyze the personality of the main character in analyzing Mario's work, and the moral values contained in Mario Puzo's The Godfather. The method used in this study is a qualitative descriptive method, which reveals the psychological and personality traits of the main character, as well as the moral values contained in The Godfather novel. Data obtained from the research results in the form of words, phrases, sentences, and conversations. The data is analyzed were described by using psychoanalytic theory, and presented using words, phrases or sentences and conversations. The results showed that the personality structure in Freud Sigmund's psychoanalysis theory showed that the personalities of Vito Corleone and Michael Corleone were obtained by the id, ego, and superego. Based on the analysis of the main character through psychoanalysis studies, it could be concluded that the main character experienced many events that caused psychological turmoil because of the life they lived as part of the mafia family.

Tato (2023) who studied Mental Health Condition of The Main Character In Every Day Novel By David Levithan. This study aims to discover and analyze the types of mental issue and how to comprehend particular mental issue especially in novel and to determine the pattern of consciousness in the state of id, ego and superego. The primary data sources used in this study are from novel Every Day that written by David Levithan. The resulted of this study showed that the main character personality and alter ego personality, the main character had a lot of identities inside him. For the level conscious the main character had dominant of id, whereas the impulsive, immortal, needs, love was more dominant that the ego and superego.

Based on the eight previous studies, the study had similarities namely discussing mental health such as anxiety, depressive disorders using the theory of Sigmund Freud, the writer chose to raise a topic similar to the five previous studies, namely mental health disorders: depression. As for what distinguishes this research from previous studies, namely the object. The writer chose the object in the form of a movie script entitled Dr. Strange In The Multiverse of Madness.

## **2.1 Psychoanalysis**

The study of the mind and behavior is called psychology. With its root in biology and philosophy, psychology has many diverse schools of thought and subcategories. Psychoanalysis, which is distinguished by the interpretation of dreams and other Freudian theories, is one of the most well-known schools of psychology. The psychodynamic hypothesis, often known as psychoanalysis, was developed in the 19th century and centres on the interpretation of dreams and the unconscious. The initial wave of psychotherapy development, psychoanalysis, had a significant impact on psychology as a whole and other psychologists.

Personality psychology is a branch of psychology that focuses on understanding each person's psychological makeup (Zhang, 2020).

The founder of psychoanalysis, Sigmund Freud created revolutionary theories about the nature and functioning of the human mind over the course of his extraordinarily busy career. These theories have had a profound influence on psychology and Western civilization as a whole. The goal of psychoanalysis is to understand how the unconscious mind affects human existence (Freud, 2006 : 440). According to Freud, the individual is what dominates the unconscious is a difficult to access source of motivation that is concealed underneath thought, those emotions are constantly present in the unconscious and may surface at any time.

Sibi (2020) highlighted that psychoanalysis is a clinical approach to treating psychopathology, and psychoanalytic theory aids in our understanding of a person's personality and personality development, the id, ego, and superego are three crucially conceived aspects of the human psyche, in Freud's view.

The id, ego and superego are separate but interacting psychic structures. Id is a natural need of humans who adhere to the principle of pleasure and seek instant gratification of human wants and needs such as hunger and thirst, furthermore, the ego is a determinant of human nature based on reality, the desire to fulfil id's desires in a socially acceptable way or delaying desires or id, for example when a person is watching a movie with friend but the person watches a movie the person does not like, to watch a movie the person likes the person has to change the movie the person is watching with friend, the person could have changed the movie according to what the person liked but he knew it was selfish so the person did not do it. While the notion of the superego is almost the same as the notion of the ego, the difference is that the superego postpones the id's desires based on existing moral values, for example a person sees a mango on a tree, the person wants to eat it by stealing it but the person knows that it is a sin and a mistake so the person does not do it.

Liang (2011) explained that id is on behalf of the origin of all drives, and it is largely focused on the instinct of survival and nature. Instinct of life and death, or instincts of sex or invasion, provide the vitality for individual mental work. These contain the id. When they carry out their obligations, the id looks for ways to let go energy and push some time recently moving on to vitality. It operates in accordance with the pleasure principle, which means that it tends to seek happiness and avoid pain. The id is an intuitively sensation that has been since people were born, and in case this feeling is carried out or satisfied, the guideline of delight will be channelled, agreeing to the definition that's right now in utilize. For occurrence, individuals must consider eating when they are parched and hungry. They will weep if their id wants are not satisfied like a hungry infant (Husin, 2017). Freud (1949 : 14) explain that our id is an impulsive, unconscious aspect of our psyche that reacts quickly to primal urges, cravings and desires. All that was inherited, all that was displayed at birth, and the instincts were all contained in the id, which has the quality of being unconscious.

The super-ego seeks the perfect, while the id chases after pleasure. However, the ego's purpose is to fulfil both the id's and the super-ego's needs in accordance with the reality principle. The id operates in accordance with the happy principle, whereas the ego operates in accordance with the reality principle as a result, most pleasure comes with little discomfort and adverse effects (Liang, 2011). Because the ego determines the paths taken, selects the needs that can be satisfied and the methods to do so, and owns objects that can satisfy those needs, the ego

can also be seen as an explicit aspect of personality. The ego frequently has to bring the conflict between the id and the super ego and the outside world together in order to perform this duty. But one must always keep in mind that the ego is a product of the id and should not be used against it. In order for creatures to survive, it serves as a mediator between instinctual requirements and environmental factors (Husin, 2017). The ego needs delight and dodges enduring, but in differentiate to the id, the inner self was centred on coming up with a commonsense arrange to urge joy. The sense of self has no thought of right or off-base, something is as it were considered fabulous in case it fulfils its reason without hurting the ego or the id (Freud, 1949:14-15).

Super-ego can be thought of as the conscience of the ego. The super-ego focuses on conscience and ego-ideal. The super-ego is a part of our mind that represents our morals and ideals. It is opposite to our basic desires. It includes the goals that we want to achieve and the guilt and embarrassment we feel when we go against our beliefs. This part of personality structure depends on society's rules to control behavior and fulfill its responsibilities. It rewards good behavior like feeling proud and loving oneself, and punishes bad behavior like feeling guilty, ashamed, or regretful. Because the super-ego is basic and simple, it cannot change how it acts in different situations and cannot handle real-life challenges (Liang, 2011).

### 3. METHOD

The writer analyzed the type of depression experienced by Wanda in *Dr. Strange In The Multiverse of Madness* movie script written by Michael Waldron with 32 pages in 2020. This research method used the theory and approach of psychoanalysis by Sigmund Freud to analyze quotes from Wanda and several characters involved in it.

### 4. RESULTS

#### 4.1 Psychoanalysis ID, Ego and Superego

In this part, the writer had found the data that is in accordance with the theory used for this research, *id* ego and superego. Below was the data with the following explanation.

*What if you brought America here?*

In the sentence of What it could be classified as an id because Wanda showed her curiosity by asked Dr. Strange to bring America to Wanda. Curiosity was a natural trait possessed by a person from birth. Apart from that, Wanda aimed to fulfil her pleasure by asked Dr. Strange about the thing and if Dr. Strange agreed to brought America to Wanda, Wanda can finally fulfil her wish to master America's ability to open a portal to the multiverse to meet her fictional children Billy and Tommy.

*Wanda, you have no children. They don't exist*

In the sentence of They *don't exist* showed that Wanda experiences an indication of a type of psychosis depression where sufferers experience delusions and hallucinations, in this context Wanda created her children used her magic, literally Wanda did not have children but Wanda did this to fulfil her pleasure because of the sadness Wanda experienced. The sentence could be categorized as an *id*.

*I'm going to leave this reality, and go to one where I can be with my children*

The line of *I'm going to leave this reality* showed Wanda's *ego* in the context of fulfil Wanda's *id* or pleasure, Wanda knew the actions were wrong but Wanda still took the wrong path by wanted to leave reality for a world where Wanda thought life was happier than in reality. The

utterance could be categorized as an *ego*.

*Dr. Strange: You want the girl, you're gonna go through me*

*Wanda: Fine*

The word of *Fine* could be identified as an *ego* because Wanda showed the tenacity to get pleasure Wanda wanted even in the wrong way, Wanda knew by accepted the challenge from Dr. Strange it could be start a great war just because of Wanda's desire to fulfil the pleasure.

*Wanda, your children aren't real, you created them using magic*

It could be described as an *superego* because Dr. Strange told Wanda about the fiction children by said to Wanda the line, Wanda only created the children Billy and Tommy with magic. Their existence was not real. Wanda would not confess the thing because Wanda believed her children were on somewhere.

*No, so she destroyed the darkhold in every universe*

The line above could be categorized as an *superego* because the sentence described the right decision made by Wanda, by destroyed the darkhold in every universe there was no longer a single creature that could be controlled by the black magic of the darkhold in order to satisfy the lust and *ego* of the person used the darkhold. Wanda also realized about her fault and mistakes, she was controlled by the darkhold and she wanted to fix it by destroyed it.

## 4.2 The Impacts of Wanda's Depression

After analyzed the data for the first problem in this research, the writer also found the data for the second problem namely the impact of depression experienced by Wanda. Here was the data with the following explanation

*America: More complicated than being chased by a witch through the Multiverse?*

*Dr. Strange: Yes, actually it is*

The word of *complicated* explained that if in the previous dialogue Dr. Strange revealed the bad state of the relationship Dr. Strange had built with Christine and said that the relationship was complicated and America described the complicated word by compared the situation they experienced in the dialogue where how complicated Dr. Strange and America were when they were chased by a witch in the multiverse, witch what America means here was Wanda.

*Stephen, your arrival here confuses and destabilizes reality. The larger the footprint you leave behind, the greater the risk of an incursion*

The explanation of an incursion by Reed described an outcome if another universe and other universes become one, it would create a severe damage and could be a disaster for all residents in one universe to another universe, severe damage described in Reed's explanation can also be wrote as the end of all existed universe. The arrival of Dr. Strange and America crossed other universes was one way to bring about this death.

*You'll have to kill me, witch*

*Not you, them*

The line of *you'll have to kill me* that Wong said to Wanda explained that Wong volunteered himself to blocked Wanda from pursued America and Dr. Strange, apart from that Wong also protected the Kamar-Taj and information about the darkhold that Wong knew and it could be disastrous if Wanda got the information. In this dialogue, the writer concluded that the situation described is the damage and havoc that Wanda created for the Kamar-Taj and its inhabitants. Apart from that, the line of *not you, them* showed Wanda's persistent attitude by threatened Wong with the words to kill and exterminate the residents of Kamar-Taj.

*it's like, this reality collapsed it on itself*

*Yeah, two realities collided. Come on, America doesn't have long*

The sentence of *two realities collided* described as an impact because America opened a portal to another universe and wanted to cross another universe again to too Dr. Strange to sanctum to found a solution and solved the problems caused by Wanda regarded mastered America's power to open a portal to the multiverses.

## **5. DISCUSSION**

The writer concluded the type of depression experienced by Wanda in Dr. Strange In The Multiverse of Madness movie script had experienced type 5 of depression namely symptomatic or psychosis depression. Seeing the background of Wanda's depression, Wanda lost a loved one called Vision, therefore the life plan that Wanda and Vision had made also failed. The thing that hurt Wanda's feelings and life the most was herself because Vision's death was caused by Wanda herself. Wanda and Vision make sacrifices to save the fate of the world in the previous Marvel series entitled Avengers: Infinity War. After Wanda lost her vision, Wanda felt that she lost her direction of life and herself. Wanda created a world used her magic where Vision is present in the world that Wanda made, in that world Wanda also had 2 sons named Tommy and Billy, in this world, Wanda Vision and the children lived happily just like what Wanda and Vision planned beforehand therefore that Wanda felt comfortable with her fictional world and forgot about reality.

Apart from that, Wanda also caused a lot of chaos, involved many characters included Dr. Strange, America, Wong, another Wanda from another universe to took part in action to get Wanda's happiness back in the wrong way, with violence, coercion, and even created havoc for the universe that Wanda visited. This chaos was the impact of Wanda's depression.

## **6. CONCLUSIONS**

Wanda experienced depression which was called symptomatic or more familiarly known as psychosis depression. In the founded data, it could be seen that what dominated is the id because according to the concept, id is something to fulfil a desire which referred to people's personal pleasure and in this case, Wanda had a desire for pleasure that Wanda must fulfil in terms of meet her children Billy and Tommy in another universe.

The impact of the depression that Wanda experienced showed that Wanda made several characters damage and disrupted the multiverse theory in the movie script, Wanda posed danger and threats to the universes which Wanda 2, the illuminati, Dr. Strange, America, and even Wanda's children Billy and Tommy. Furthermore, Wanda's biggest impact was destroyed the darkhold and Wanda herself with the book.

This research had a limited topic, namely mental conditions or depression, the writer utilized a hypothesis of psychoanalysis from Sigmund Freud to solved the problems raised in the study. The writer hoped that readers could understand the theory as well and be able to handle cases of mental health conditions that exist both for personal or social life. This research could be used as a reference for students who were looking for information or want to develop discussions about mental health conditions or depression for scientific or other written work and have a good understanding in analyzing psychology through the theory used in this research.

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