

The Journey Of Searching The Identiy Of Audrina’s Character In My Sweet Audrina Novel By V.C Andrews

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Abstract

This study aimed to discover and explain the factors that influence the formation of identity search journey of the main character and types of psychology development and formation of identity in the novel My Sweet Audrina novel by V.C Andrews. The data sources used in this study is novel My Sweet Audrina novel by V.C Andrews. In analyzing the data, the writer used descriptive qualitative research method through psychological approach. Data were obtained by using the techniques of reading, noting, and analyzing. While in classifying the data, the writer used interpersonal theory by Sullivan. In this study, the writer analyzed the novel My Sweet Audrina novel by V.C Andrews in order to find the identity search by the main character. The results of this study indicate that there were 20 data that portrayed identity search that become the factors that influence the formation in the novel. There were 3 types of self formation from psychological development found from the data they were 5 Bad me, 3 Good me and 12 Not me. All of the three aspects above signifcantly influenced the psychological of the main character and turned her into a strong character menatally and psychally

Keywords: Identity, Search, Main Character, Novel



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1. INTRODUCTION

Literary work is the creative process of an author through their imaginative power that later shown in their work. The result of this imagination can influence literary work in the form of writing and oral literary works. Literary works written by authors are essentially of feature events. Literature is a creation, and an imagination. A work of fiction that is the result of creations based on spontaneous emotional outpourings that are able to express aesthetic aspects both based on aspects of language and aspects of meaning.

According to Abrams (in Nurgiyantoro, 2007), one of the genres of literature is prose. In literature, the sense of literary is also called fiction, narrative text, or narrative discourse. Fiction is a narrative work which the content does not affect factual truth, something that really happens so there is no need to find the truth in the real world, one of the works of fiction is novel. Novel is long essays that take the form of prose and contain a series of stories of a person's life with others around them by highlighting the character or nature of each perpetrator.

In addition, the novel is built by two elements, namely the intrinsic and extrinsic elements. Intrinsic elements are the elements that build the literary work itself. The elements in question such as themes, characterization or bullying, settings, grooves, viewpoints, language styles and mandates, while the extrinsic elements are the elements that build the literary work from the outside. Therefore, this analysis takes on extrinsic elements.

The release of study materials in this study is based on the uniqueness in this story. This novel still tells the story of human life related to the problem of self-discovery, romance, and

sticking with its own character. This novel also presents the story of a character whose has his own personality. The novel *My Sweet Audrina* depicts a female character whose is lost in her identity but the character is not aware of it and even being able to do things that are not appropriate.

Identity itself is part of a person's nature that appears by itself then his innate nature is also affected by environmental factors. This process of self-discovery is as a human need that must be met by every individual. This identity is a thing that exists within people, which includes character, nature, disposition and personality. With a long and struggled process, the identity will naturally exist in people, both at a young age and adulthood.

It can be observed through developmental psychology with supportive phases, development is a process, where changes in a person and psychological processes are combined, so that one can face the stimuli of the surrounding environment (Hurlock in Jahja 2011). The concept of development of person are: growth related to the problem of change in big things, maturity is a state or condition of complete structure and function, both against one nature, and development is the increasing ability of skills in regular patterns.

2. LITERATURE REVIEW

In conducting this research, the writer used some previous studies as references and to support the research. The writer also utilized some other sources such as articles and books that related to this study.

2.1. Previous Studies

In conducting this research, the writer selected related previous studies as references for this research.

Handayani (2018) *Pencarian Jati Diri Tokoh Utama dalam Novel Calabai Perempuan Dalam Tubuh Lelaki Karya Pepi Al-Bayqunie Melalui Perspektif Psikologi Sastra* this study aims to find out the learning of the main character in finding himself through the change of identity of transgender figures. Method of collecting data is by library research and identification of the two objectives. Data analysis uses descriptive analysis methods with qualitative techniques, and uses a literary psychology approach.

Alyani (2016) *The Effects Of The Main Character's Ofexistence Toward His Struggle For Identity Portrayed in Daniel Defoe's Robinson Crusoe novel* This final project analyzes the existence of the main character in *Robinson Crusoe* novel, written by Daniel Defoe. The main objectives of this study are to know the themes of existentialism portrayed by the main character and the effects of the main character's existence toward his struggle for identity. This research uses the existential psychoanalysis approach by Jean Paul Sartre which discusses about human existence in the world. This study uses descriptive Qualitative method which the data taken from phrase, written dialogue, and sentence.

Izzaty (2015) *Bonnie Castle's Anxiety Disorder That Leads To Identity Crisis As Portrayed In William Irish's Waltz Into Darknes* This thesis focuses on the main character in William Irish's *Waltz into Darkness*, Bonnie Castle. It determines to find out the correlation between Bonnie Castle's childhood and adolescent period with the anxiety disorder that she suffers from her young adulthood period. Sherin (2019) studied *Three Star Trek Movies script*. This research aimed to examine responses to sarcasm and to analyze the patterns of responses to sarcastic remarks in relation to the characters' interpersonal relationship.

Nikmatin (2018) *Elizabeth's Journey To Search For Her Identity In Eat, Pray, Love Novel* By Elizabeth Gilbert. This thesis explains about Elizabeth's journey to search for her identity. The aim of this thesis is to describe Elizabeth's life to search for her existence through her journey to another countries, there are Italy, India, and Indonesia.

Safriyana (2013) in *Analisis Psikologi Kepribadian Tokoh Utama Novel Mama Karya Aleksey Maksimovich Groky Sebagai Gambaran Keadaan Sosial Awal Abad Ke-20*. The study discusses the personality structure of the main character in the novel that Ms. Nilovna Vlassov Pelagia. The method used in this study is a descriptive qualitative method of obtaining a comprehensive and simple picture by using Freud's theory for expected analytical results. The object of this study is a novel by Aleksey Maksimovich Gorky entitled *Mama* (mother) written in 1906.

Arisandhi (2020) *Dinamika Kepribadian Tokoh Utama Dalam Novel Hyouka Karya Yonezawa Honobu, Sebuah Kajian Psikologi Sastra Dan Implementasi Sebagai Bahan Ajar Sekolah*. The researcher's goal is to describe the structure of *Hyouka* novel by Yonezawa Honobu, describe the personality dynamics of the main character in Yonezawa Honobu's novel *Hyouka* with an analysis of literary psychology approach, describe the implementation of personality dynamics in Yonezawa Honobu's novel *Hyouka* in school learning. This type of research is descriptive qualitative and this research strategy is the most advanced status study.

Arfierahman (2018) the objective if this research was to explain the Process Of Finding The Identity Of The Main Character in the novel and the mountains Echoed by Khaled Hosseini and how a person define his life general based on inside view the general public, regardless of the individual each. This study uses a psychoanalytic approach with content analysis methods. Data collection techniques use documentation techniques.

Windiani (2015) *The Research Entitled Transgender and the Search For Personal Identity Of The Protagonist in novel Pasung Jiwa by Okky madasari in Psychological Literary*. Study was carried out to describe textually the phenomenon of transgender and the search for the personal identity of the protagonist in novel *Pasung Jiwa* by Okky Madasari based on the psychological literary study.

Astuti et. al (2022) *The Crisis Of The Search For The Identity Of Modern Women In Search Of Lost Women (A Semiotic Review Of Yuri Lotman's Culture)*. A literary work created, either directly or indirectly, is the freedom of the author's cultural attitude to the reality he experiences.

Thamrin (2015) *The Title Of This Thesis is the Discovery Of Josee's Identity in the Novels Les Merveilleux Nuages and Unprofil Perdu By Francoise Sagan*. The purpose of this thesis discussion is to analyze the identity of the main character in two novels by Francoise Sagan. The approach used in this study is a structural approach.

The differences of the previous studies above with this research is that this research use qualitative research methods and use a literary psychology approach. This study aims to analyze and explain the factors that influence the formation of Audrina's identity in the Novel *My Sweet Audrina* and explain the development and formation of identity in the Novel *My Sweet Audrina* and seen from the psychology of development.

2.2. Research Theory

Literary psychology is the analysis of texts taking into account the relevance and role of psychological studies. That is, psychology also plays an important role in the analysis of a

literary work by working from the psychiatric point of the literary work both from the elements of the author, the character, and the reader.

The theory used in this research is psychological theory. This psychological theory is better known as interpersonal theory of psychiatry than Harry Stack Sullivan. The central teaching of this theory is that personality is "a relatively sedentary pattern of repetitive interpersonal situations that characterize human life". Personality is a hypothetical entity that cannot be separated from interpersonal situations, and interpersonal behaviour is the only aspect that can be observed as personality.

Novel is a work of fiction in the form of prose written narratively in the form of a story. The story in the novel is usually about human life in living his daily life. Also a literary work that contains the frame of a person's life story with his surroundings by showing the character and conflicts that occur, also bringing up interesting events that become a special attraction in reading novels.

3. METHOD

The type of research used in this study is library research. Library research is an integral component of research projects in most academic settings. Researchers are charged with the responsibility to carefully examine relevant information in order to determine usefulness, reliability, and authority in regard to the research projects in which they were involved. The main data source in the study was taken from the novel *My Sweet Audrina* by V.C Andrews. After reading carefully data recording activities are carried out on the data cards. As for the steps the recording carried out is to record the result of the description and record the excerpts. Excerpts are taken from the data in the novel *My Sweet Audrina*.

4. RESULTS

In accordance with the objective of this study, the writer divides the data findings into two parts. The first is the factors that influence the formation of Audrina's identity. The following is a list of the types of identity search

Factors that Influenced Audrina's Identity Search

After reading the whole novel of *My Sweet Audrina* by V.C Andrews, the writer found 20 data of identity search of the main character. The data were obtained from the childhood story until the marriage life of the main character. From 20 data the writer found 3 types of self used in identity search of the main character in the novel they are "Good me", "Bad me" and "Not me".

The writer also applied theory about "ID", "Ego" and "Superego" in order to support the factors that influenced Audrina's identity search.

Psychological Growth of Audrina

Many factors affected the growth and development of Audrina as the main character in the novel. Psychologically, Audrina developed as a child who was full of sadness and questions about her real identity which was kept secret by her parents and even her own family. When growing up, Audrina began to be interested in men and along with her maturity she began to slowly find out who she really was and found the harsh reality that she was the first Audrina who was a victim of rape and her parents deliberately erased her memory and forbade her to interact with the outside world.

Datum 1: "Much of my insecurity had to do with the first Audrina, who had died exactly nine years before I was born." Andrews, 1982:11

This data gave the reader a brief information about the main character's identity problem. Everything started when she realizes that the attention and the love she got from her parents is not enough for a child. Her parents always compare how good her dead sister was who also named Audrina. The parents took a big part for this problem as the main character starting to question herself as their child. According to the interpersonal theory this the bad me type of self because of the bad appraisal she gets from her parents.

The psychological development of the main character here was on her middle childhood period. She was uncomfortable with the shadow of the first Audrina and it made her feel different as a child.

Psychologically it was the ID of the main character that caused insecurities due to her mysterious life as a child which led to anxiety to her present life.

Datum 2: "I wanted to be her so I'd feel as loved, as special as everyone said she had been; and then again, contrarily, I wanted more than anything to be myself, and on my own merits gain the love I felt denied me." Andrews, 1982:11

The main character which is Audrina found herself confused with the situation in her house. At one point she wanted to be loved by her parents and the only way she could get their attention is being like the first Audrina but at the same time, she also wanted to become her own self and get the attention and love that she feel she deserve to receive from her parents. The main factor of this problem is how she was threatened by her parents. According to the interpersonal theory this the not me type of self because of the anxiety she gets from the treatment she received.

The psychological development in this data was on the main character's middle childhood period. The case was still the same with the first data which is the shadow of the first Audrina that ruined the happiness of the main character as a child and sometimes she felt that she could not take it anymore.

It was the main character's ID that caused her really want her life to be acknowledged by her parents. The main character receive different treatment from her parents and she does not feel loved. This lead to Anxiety towards the main character.

Datum 3: "Naturally I presumed there had to be something terribly wrong with me. My parents had to hide me away to keep me safe, if not from outsiders, then from myself. That was the scariest thought of all." Andrews, 1982:13

In this data it shows how the main character keep on questioning what was wrong with her and why her parents were too protective to her. In the beginning part of the story it was portrayed how the main character does not have any friend and she is not allowed to interact with outsiders. At this phase the main character developed a thought that there is something wrong with her and that thought scares her. According to the interpersonal theory this the bad me type of self because of the bad appraisal she gets from her parents.

With her parents keep on locking her from the outside world, the main character started to feel that there were something wrong with her self and scary thoughts starting to appear. This was the main reason why the main character turn into a curious child.

After experiencing a rough childhood, the main character concluded that there were something wrong with her. This action was the work ID which caused Anxiety towards the main character and develop scary thoughts in her mind

Datum 4: "I sighed, unhappy with myself, unhappy with the adults who ruled me."

Andrews, 1982:22

In this data, the depression of the main character starting to grow bigger indicated by her feeling of starting to feel in comfortable with herself and hate toward the people who ruled her which were her parents started to grow within her mind. The search of identity in this data is portrayed through the feelings of the main character. According to the interpersonal theory this the bad me type of self because of the bad appraisal she gets from her parents. What bothers the main character the most, as a child she was treated like a prisoner by her parents and it ruined her life as child and mentally break her down. As what the main character expressed it can be seen that she annoyed by her own life and the people around her. This was the action of the main character's ID that lead her to anxiety because of her life.

Datum 5: "What was wrong with me that she'd want to hurt me time and again" Andrews, 1982:28

In that it was portrayed how the main character's cousin who named vera hates her so much that she always wanted to harm and hurt her. Vera was the antagonist of the story all of her actions in the story was intended to hurt Audrina. The main character keeps on asking herself why would her own cousin wanted to hurt her so much. According to the interpersonal theory this the bad me type of self because of the bad appraisal she gets from her cousin. In this data, the psychological development that was portrayed was the curiosity that occurs on the main character's mind why everybody on her house treat her differently and sometimes violent.

The main character was wondering why did her cousin wanted to hurt her so bad. This caused her ID to stimulate her and caused anxiety in her life.

Datum 6: "My world would be a perfect place if only everyone in my home knew how to be honest." Andrews, 1982:39

In this that the information that can be received is that everyone in the main character's was hiding something from her and that made her uncomfortable with her environment and the situation. The main character even mentioned that her world would be perfect only if everyone in her house know how to be honest which means that the main character could not feel accepted because her family always lie to her. According to the interpersonal theory this the bad me type of self because of the bad appraisal she gets from everyone in her house.

The psychological development here in this data was portrayed in the way Audrina felt dissatisfied with her own family who never tell her the truth about her identity.

In this data, it was the work of the main character's Superego that caused anxiety toward her. The main character said that her world would be perfect if her family be honest to her.

Datum 7: "I wanted to believe all of this was hopeless and I'd never become an "empty pitcher" that would fill with everything wonderful." Andrews, 1982:48

In this data it was shown that the main character started to lose hope on herself. In the story itself the main character was a 9 years old girl who cannot remember her childhood and could hardly tell time. The main character was confused with the way her father tried to cure her. She was asked to sit on a rocking chair in order to become like the first Audrina. Her father illustrates her as an empty pitcher that needs to be filled with gifts like the first Audrina. According to the interpersonal theory this is not the type of self because the main character's father wanted her to become like somebody else and she is not comfortable with that kind of treatment.

Based on the narration by the main character above, it can be concluded that he is

experiencing turmoil in the main character's soul as a child who always gets different treatment from both parents, especially from his father who always compares him to his first sister who is also named Audrina

This data portrayed the Ego of the main character. The main character wanted to believe something different from the reality. The Ego of the main character stimulate Self System that gave her hope in life.

Datum 8: "He was telling me, with good intentions, that I wasn't whole now—and if that were so, what was I? Crazy?" Andrews, 1982:51

In this data, the main character started to develop more confusion over herself. The main character's father mentioned that she is not whole which means there is something to come about her. With the way she was threatened in the house, she is started to feel suspicious with her family. According to the interpersonal theory this is the not me type of self because the main character has no idea about her past and who she really is.

Audrina felt that her father was hiding something from her. Her father always said that he was not whole now and he was an empty pitcher. This greatly influenced Audrina's growth and development as a child

This data portrayed the ID of the main character. All the things that her father said to her in order to brainwashed her slowly made the main character crazy. This caused anxiety to the main character

Datum 9: "That surprised me. "How can they when they don't know me?" Andrews, 1982:70

In this data, the suspiciousness of the main character towards her true identity is getting big because there were some new people whom she thought she never meet before but knows about her. The main character questioned that situation to her family how can people i never meet before knows about her. There must be a secret about her and that thought has been flying over her mind. According to the interpersonal theory this is the not me type of self because there is a clue about the main character true identity from the situation portrayed in the data.

Audrina began to question why so many people recognized her when she felt she had never met them before. It kept haunting her mind and started to raise suspicions in herself.

This data portrayed the ID of the main character. Audrina was confused and surprised because there were some people whom she felt she has never seen before happen to know and recognised her. This confuse lead the main character to anxiety.

Datum 10: "I didn't want her life, I wanted my own. I pulled from Papa's embrace." Andrews, 1982:75

This data gives the reader images of how the main character did not want to become somebody else but she wanted to have her own life. It was the main character's dad who always brainwashed her daughter into becoming like their first child the first Audrina who has passed away a few years back. This situation caused the main character to feel depressed because she does not feel loved by her parents because she is not like their first child. According to the interpersonal theory this is the not me type of self because the main character does not to become somebody else to get attention from her parents.

Audrina, who always felt compared to her older sister, said that she did not want a life like her older sister. Audrina felt like she wanted to be free to express herself and explore her surroundings.

In this data it was the ID of the main character that took action. Audrina always wanted her own life not the first Audrina's life and this time the main character Self-esteem caused her to be dared to tell her father about it.

Datum 11: "Sometimes unconscious fears tried to sneak out, whispering slyly, disturbing me, threatening my tentative acceptance." Andrews, 1982:113

This data portrayed what the main character has been through this whole time. She has been haunted by unconscious fears and she feels threatened. Something that comes to attack her have something to do with her past but because she was brainwashed by her dad, she couldn't remember what exactly about those fears that haunted her this whole time. This type of data is not me type of data because there has been fears and shadows that disturbed the main character but she was not aware that it was her past.

Due to what happened to her in the past, there were still trauma left in her eventhough it happened unconscious. When it comes to her traumatic life Audrina felt scared.

In this data the main character talked about in Consciousness fear that appeared in her mind. It can be concluded that it was the work of ID that caused the main character to be scared with her life.

Datum 12: "I'm going to New York," I said to Papa as he held open the front passenger door for me to get in. "I've decided I'm going to be a concert pianist like Momma wanted to be." Andrews, 1982:137

After the death of her mother, Audrina starts to open her mind and wanted to try new things she has never learn before such as playing piano. She mentioned to her father that she wanted to go to New York to continue her mother's dream of becoming a professional pianist. This data is good me type of data because the main character started progressing new things after she has been locked in her environment for a long time.

After long journey through her hard childhood and the death of her mother, Audrina decided to move away to New York to become a pianist. This was the result of the childhood trauma that affected her that made her wanted to leave her house.

After the death of her mother, Audrina decided to go to New York to study piano and become a concert pianist like her mom. This was the work of ID that caused Self Esteem.

Datum 13: "No, Mr. Rensdale, I'll forever be grateful for what you did, for I'm beginning to feel real, and I never did before." Andrews, 1982:174

In order to become a good pianist, the main character took piano lesson from a man named Mr. Rensdale. After a few class, the piano teacher noticed that Audrina was suppose to be in school but she didn't. Mr. Ransdale decided to help her out by asking her family that what they had done to her is against the law on their area. Her parents later allowed her to go to school due to what the piano teacher told them. The main character felt very happy that she was allowed to go to school. This type of data is good me type because the main character finally got what she wanted and gets appraisal form her piano teacher.

This was the turning point of Audrina's life. She finally sent to school after her piano teacher asked her parents why a girl of her age didnt go to school. She finally had the chance to socialize.

In this data it was Superego that took part on the main characters mood. Audrina begin to feel happy with her life. This was caused by Self-esteem as the result of superego.

Datum 14: "I'd have to endure this night, and all the nights to come if I was to escape Papa

and find the physical rapport every woman was supposed to enjoy with the man she truly loved.” Andrews, 1982:248

As time passes by, the main character is now a teenager and starts to flirt with her neighbours. She fell in love with a boy near to her house and because her father always trying to keep her from the boys and outside world, she began to ask why she has to be treated like that and she even treated to escape from her dad. According to the interpersonal theory this the bad me type of self because of the bad appraisal she gets from her parents.

In this data the psychological development happened after Audrina married to arden the boy who lives near to her house. She finally recieve whats has been missing from her which is the touch of a man.

In this data, it was the ID of the main character that took action. Self-esteem was the action lead by ID because the main character wanted to enjoy herself.

Datum 15: “I seriously began cultivating the rose garden Momma had started long ago. I bought books on how to grow roses, and attended garden club meetings, taking Sylvia with me and introducing her for the first time to outsiders. Andrews, 1982:306

The main character started to do something new activity such as taking care of the rose garden her mother left. She bought a book about how to grow roses and she also started to take her little sister outside of the house. All this activity is what her mother used to do. Slowly she gained her memory back after the loss of her mother. According to the interpersonal theory that the good me type of self because of good progress that she show and she started to get more attention from her father and aunt.

After the death of her mother and her marriage Audrina returns to her childhood home and lives there with her husband's younger brother and father. Audrina started tending the garden and planting flowers like her mother's custom. This is a significant psychological development for Audrina

In this data it was the ID of the main character that took action. Audrina began to plant flowers and bought books like what her mom used to do. She wanted to become like her mother. This was called Self-esteem because she wanted to prove herself.

Datum 16: “I shook my head, wondering if at last I was finally growing up. Was the mature side of me going to burgeon forth at this very moment” Andrews, 1982:308

When the main character finally realized that there was something that she did not know, she started to wonder and look for information about herself. As she grew up she found out a lot of strange things about herself. The ones that know about her true identity was her cousin, aunt and her father. This is the not me type of data because the main character has been wondering who she really is.

After what happened to her in the past, Audrina felt a sense of relief after stepping into adulthood because she began to freely express herself. But the trauma from the past still haunts her.

In this data, it was the ego of the main character that caused her anxiety. The main character was wondering about how she was really growing up.

Data 17: “Yes, he was right. A barrier that Papa had constructed to keep me always bound to him” Andrews, 1982:308

After her marriage, the main character slowly feels the impact of the brainwash that she used to experience in the past. She could not feel any excitement in marriage life because of the

things she was told about. It was her father who brainwashed and told her that boys are not good for her and keep her locked in the house. According to the interpersonal theory this the not me type of self because the main character couldn't express herself in her marriage life.

Even after Adrin got married to Arden, there were still barrier that keep making her hard to let Arden touch her. This is the result of the childhood trauma that she experienced which caused her hard to heal her psychological condition.

In this data, it was the ID of the main character that caused her to finally realize that she was tricked by father this whole time. It was the Self System that made her realized it.

Datum 18: "Out into the stormy, threatening afternoon I ran to escape White fern. I ran to escape Papa, Arden, Sylvia, Vera, and, most of all, I ran to escape the ghost of that First Audrina, who was now trying to tell me I did not exist at all" Andrews, 1982:350

After finding out the truth about her, Audrina become so sad and shocked. There was no first Audrina all this time. It was her and she was raped by three mans in the past when she was 9 years old. Her father took her to a therapist in order to erase all her memory after the rape. She directly ran from her house because she was shocked. According to the interpersonal theory this the not me type of self because the main character was shocked to find out her true identity.

In this data it was portrayed that Audrina were running through the rain and storm after finding out about her true identity. This was the work of ID that caused her to be very emotional and get anxiety.

Datum 19: "What did you do to me? Why did you lie to me? Papa, we dug into her grave it's empty!" Andrews, 1982:358

After escaping from her house, she went directly to check on the first Audrina's grave but it was empty this whole time. Her father has told her lies. She was very dissappointed and angry with her father. Her father told her it was just to protect her after she was raped in the woods near their house. According to the interpersonal theory this the not me type of self because the main character was shocked and angry to find out her true identity.

After a few tragedy Audrina finally get to know the bitter truth about her true identity. After finding out that there was no first Audrina, she ran toward the grave and dug it and found nothing in the grave. This truth really hurt Audrina that she almost went crazy.

The ego of the main character drove her crazy. Audrina was angry to her father because she was fooled this whole time. The anxiety grew even worse

Datum 20: "There is no gift, Papa. I don't believe you anymore, Papa." Andrews, 1982:371

In this data the main character expresses her dissappointment to her father. Her father used to ask her to sit on a rocking chair in order to create peace in her mind butuh it was all just to hypnotized and brainwashed her into becoming other person. Her mother, aunt and cousin Vera also took part on what the main character experienced in the house. They were asked not to tell her who she really was or her father would hurt them. The clock and dates on the house were set back so Audrina would think she is seven years old. After all she found that that Vera was the one who set her up to be raped because Vera was jealous that she did not get the love from her biological father which is Damien the same father Audrina has. According to the interpersonal theory this the not me type of self because the main character was shocked to find out her true identity.

After knowing all the truth from her father, Audrina lost her trust to her father and it was the moment where Audrina psychological condition reached its weakest point, but then she

realized that she has to continue her life.

In this final data, it was the superego of the main character that took action. Audrina finally dared herself to express her thought to her father. As the result of superego, self-system was developed by the main character.

5. DISCUSSION

After reading, analyzing the novel and presenting the data findings, it shows that there are 20 data found from the novel of *My sweet Audrina*. The data is the journey of the main character on finding her true identity which had been covered by her own family ever since she was brutally raped by three men. All of the 20 data shows suspiciousness toward her family, disbelief, hate and also love. The data divided into three types according to Sullivan's interpersonal theory they are were 5 data of Bad me, 3 data of Good me and 12 Not me.

In order to support the findings, the writer also included the theory of psychoanalytic which consists of 12 data of "ID" (data 1, 2, 3, 4, 5, 9, 10, 11, 12, 14, 15, 17). 5 data of "Ego" (data 7, 8, 16, 18, 19) and 3 data of "Superego" (data 6, 13, and 20). There were 12 data that influenced by Anxiety (data 1, 2, 3, 4, 5, 6, 8, 9, 11, 16, 18 and 19) 3 data influenced by Self System (data 7, 17 and 20) and 5 data influenced by Self Esteem (data 10, 12, 13, 14 and 15).

The psychological development factors that portrayed in the novel were caused by the hard childhood life of the main character Audrina. Even when the main character turn older, she found it hard to left all the bad experience that she has in the past, it caused her to be scared sometimes when facing things that she has not done before, and after finding out the truth about true identity, Audrina becomes mad at her father and lost her trust to him.

6. CONCLUSIONS

After analyzing the novel *My Sweet Audrina* by V.C Andrews, the writer found 20 data of identity search. It was found that there were 3 types of self used in the short stories they are 5 Bad me, 3 Good me and 12 Not me. there were 3 main factors that influenced Audrina's character through time which were Anxiety, Self System and Self Esteem.

In accordance with what has been discussed in the previous chapters in determining the journey of the main character's search of identity, it needs to first understand the psychological and the environment of the character. In this story, the parents and the family took big part on the problem that the main character had been through. First, it was her sister that set her up to be raped then her parents who brainwashed her so she could not remember anything from her past

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